



**MOUNTAINLAND**  
PEDIATRICS

Dear Parents/Guardians:

Mountainland Pediatrics uses a screening questionnaire called the Modified Checklist for Autism in Toddlers (M-CHAT) to assess risk for autism spectrum disorders. **The tool is used for toddlers between 16 and 30 months of age** and is usually given during well-child office visits, but can also be completed as part of a consult visit with a medical provider. By completing the questionnaire, it helps the medical provider to better understand your child's developmental progress.

Parents and caregivers should be aware that children who do poorly on the M-CHAT may NOT be diagnosed with an autism spectrum disorder. However, the medical provider will follow-up with more questions, and may refer your child for further assessment based on the screening results.

Most commercial insurance will pay for screening tool. Some insurance will leave the cost to your deductible or co-insurance, if you have any. However, some insurance companies will not pay for the provider to review the questionnaire. This means the cost of the provider reviewing the questions, about \$40, will be charged directly to you. You may then receive a bill from the medical practice asking for payment.

Please let us know during your toddler's well-child visit if you want to have the questionnaire administered at the time of the visit. If you would like the medical provider to review the M-CHAT, please print out and complete the form prior to coming in for your appointment. Remember to bring it with you!

Sincerely,

Mountainland Pediatrics